



September

Monday

Tuesday

Wednesday

Thursday

Friday

Rock Creek After-School Snack Calendar

4 CLOSED Labor Day	5 Blueberry Muffin	6 Rice and Beans	7 Blueberry or Vanilla Yogurt	8 String Cheese and Crackers
11 Boiled Eggs	12 Bean Burrito	13 Fish Sticks	14 Buttered Croissant	15 Whole Grain Cereal
18 RCAS Day Camp	19 Noodles and Meatballs	20 Cheese Quesadilla	21 Peanut Butter Sandwich	22 Blueberry or Vanilla Yogurt
25 Cheese Sandwich	26 String Cheese and Crackers	27 Deli Sandwich	28 Pretzels and Pepperoni	29 Protein Bar



October



Monday

Tuesday

Wednesday

Thursday

Friday

2 Hot Dog	3 Bagel and Cream Cheese	4 Waffles	5 Buttered Croissant and Cheese	6 Whole Grain Cereal
9 Pot Stickers	10 String Cheese and Crackers	11 Blueberry or Vanilla Yogurt	12 Boiled Eggs	13 RCAS Day Camp
16 Pepperoni and Crackers	17 Deli Sandwich	18 Blueberry Muffin	19 Pretzels and Hummus	20 Corn Dog
23 Waffles	24 Peanut Butter Sandwich	25 Ravioli	26 Cheese Sandwich	27 Hot Dog
30 Blueberry or Vanilla Yogurt	31 Halloween Treat	Rock Creek After-School Snack Calendar		



November



Monday

Tuesday

Wednesday

Thursday

Friday

Rock Creek After-School Snack Calendar

		1 Buttered Croissant	2 Deli Sandwich	3 Bean Burrito
6 String Cheese and Crackers	7 Blueberry Muffin	8 Noodles and Meatballs	9 Waffles	10 RCAS Day Camp
13 Bagel and Cream Cheese	14 Pretzel and Hummus	15 Macaroni and Cheese	16 Thanksgiving Feast	17 Pepperoni and Crackers
20 RCAS Day Camp	21 RCAS Day Camp	22 CLOSED	23 CLOSED	24 CLOSED
27 Corn Dog	29 Deli Sandwich	29 Boiled Eggs	30 Blueberry or Vanilla Yogurt	



December



Monday

Tuesday

Wednesday

Thursday

Friday

Rock Creek After-School Snack Calendar

Rock Creek After-School Snack Calendar				1
4 Cheese Quesadilla	5 Bagel and Cream Cheese	6 Rice and Beans	7 Blueberry Muffin	8 Bean Burrito
11 Protein Bar	12 Ravioli	13 Blueberry or Vanilla Yogurt	14 Christmas Treat	15 Peanut Butter Sandwich
18 Veggies and Hummus	19 Boiled Eggs	20 Cheese Sandwich	21 Noodles and Meatballs	22 Noodles and Meatballs
25 CLOSED	26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED